

SEASONS CATERING

SEASONSOFBOSTON.COM - 617-333-4334

BREAKFAST A LA CARTE

Assorted Breakfast Sandwiches

Bacon, Egg & Cheese, Sausage, Egg & Cheese,
Egg, Broccoli & Cheddar and Egg & Cheese
Individually Wrapped in paper and tin foil

Individual Quiche

Spinach & Feta, Ham & Cheese, Quiche Lorraine
Gluten Free Broccoli & Cheddar

Avocado Toast with Roasted Cherry Tomatoes - (Vegan)
Avocado Toast with Red Onion, Red Pepper confetti - (Vegan)
Avocado Toast with Diced Tomatoes, Sautéed Spinach & Feta

Smoked Salmon on Plain Bagel with Cream Cheese & Tomato
Assorted Breakfast Danish, Muffins & Bagels

Double Cinnamon French Toast with Pure Maple Syrup
Gluten Free French Toast with Pure Maple Syrup
Belgium Waffles with Mixed Berries & Pure Maple Syrup
Buttermilk Pancakes with Pure Maple Syrup

Yogurt, Berry and Granola Parfait
Vegan Overnight Oats

with Coconut Milk, Cinnamon, Craisins & Blueberries
Chia Pudding with Coconut Milk, Toasted Coconut & Blueberries V&GF
Individual Orange or Cranberry Juice
Bottled Water

Scrambled Eggs - (Gluten Free)
Bacon - (Gluten Free)
Maple Cured Sausage - (Gluten Free)
Home Fries - (Gluten Free)
Tater Tots
Fresh Fruit Salad
Sliced Fruit Platter

***Gluten Free Option Available**

BREAKFAST BUFFETS

CONTINENTAL BREAKFAST

Assorted Danish and Tea Breads

Fresh Baked Muffins and Bagels

Accompanied by an assortment of preserves and marmalade,
butter and cream cheese

Fresh Fruit Salad

Orange Juice and Coffee, Decaffeinated Coffee and Tea

KICK START

Scrambled Eggs with Fresh Herbs

Home Fries with sautéed onions

Maple Cured Bacon or Sausage

Assorted Bagels

With cream cheese and fruit preserves

Orange Juice and Coffee, Decaffeinated Coffee and Tea

Add Fresh Fruit Salad

CELEBRATORY BRUNCH

Scrambled Eggs

Belgium Waffles with Fresh Berries and 100% Maple Syrup

Home Fries with Onions and Peppers

Bacon and Sausage

Assorted Scones, Muffins and Breakfast Danish

Yogurt Parfaits

Fruit Salad

Cranberry and Orange Juice

Coffee, Decaffeinated Coffee and Tea

Ask about our Omete Station
and additional Brunch Menu items

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LUNCH BUFFETS

EXECUTIVE SANDWICH BUFFET

Assorted Sandwiches:

Grilled Chicken with Fresh Mozzarella, Pesto and Tomato
Fresh Tuna Salad with Tomato and Lettuce
Roast Beef with Herbed Cheese
Turkey Club
Ham and Cheese
Grilled Vegetable and Hummus

Assorted Individual Bags of Chips

Choice of Garden Salad or Caesar Salad
Cookies and Brownies

SOUP, SALAD & SANDWICH

Choice of One:

Chicken Noodle-New England Clam Chowder-Tomato Basil

Choice of One:

Garden, Caesar or Greek Salad
Assorted Sandwiches & Wraps
Chicken Salad, Turkey with Provolone, Roast Beef,
Italian and Vegetarian

Assorted Individual Bags of Chips
Cookies and Brownies

HOT PANINI AND WRAP ASSORTMENT

An assortment of our grilled paninis and wraps – a selection from the following; Chicken Parmesan, Thanksgiving Wrap, Asian Chicken Wrap with Rice, Chicken Ranch with Bacon, Steak and Cheese, Ham and Cheese with Honey Mustard, Eggplant Parmesan

Choice of Garden or Caesar Salad
Assorted Individual Bags of Chips
Cookies and Brownies

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LUNCH BUFFETS

FAVORITE HOT BUFFETS

Chicken, Ziti and Broccoli
Spaghetti and Meatballs
Caesar Salad with homemade croutons and shaved parmesan
Assorted Breads and Rolls with Butter
Cookies and Brownies

Italian Sausage, Peppers and Onions
Stuffed Shells
Caesar Salad with homemade croutons and shaved parmesan
Assorted Breads and Rolls with Butter
Cookies and Brownies

Chicken & Vegetable Kebobs
Beef & Vegetable Kebobs
Rice Pilaf
Greek Salad
Cookies and Brownies

Barbecue Chicken (Bone in)
Pulled Pork
Macaroni and Cheese
Cornbread and Rolls
Garden Salad
Cookies and Brownies

Mediterranean Couscous Bowl Buffet
Create your own bowl by adding some of the following:
Lemon Oregano Chicken, Grilled Vegetables, Feta
Roasted Chickpeas, Couscous, Cucumbers, Romaine,
Cherry Tomatoes, Red Pepper Flakes, Lemon Vinaigrette,
Craisins, Almonds, Artichokes, Olives
Served with Naan Bread

Cookies and Brownies

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SOUP AND SALAD, DESSERT

GREEN SALADS

Caesar Salad
fresh romaine, shaved parmesan and
homemade croutons

Spinach Salad
with strawberries and goat cheese
with balsamic vinaigrette

Garden Salad
with tomatoes, cucumbers and carrots

Greek Salad
with Feta and Olives

Harvest Salad
Roasted Butternut Squash, Pepitas,
Craisins, Goat Cheese
over Mixed greens
with Maple Vinaigrette

SALAD BOWLS

Mediterranean
Couscous Salad, Feta, Tomatoes,
Cucumber, Roasted Chickpeas,
Artichokes, Olives, Lemon Vinaigrette

Asian
Sesame Soba Noodles, Crispy Wontons,
Edamame, Napa Cabbage, Scallions,
Green Onions Cilantro, Celery and
Sesame dressing

Vegetable
Roasted Brussels Sprouts,
Roasted Grape Tomatoes, Grilled
Leeks, Dates, Radish, Shaved
Parmesan, Mustard Dressing

Add Grilled Chicken,
Salmon, or Flank Steak for an
additional fee

SIDE SALADS

Greek Pasta Salad
with Olives, Cucumbers,
Tomatoes and Feta

Caprise Penne
with tomatoes, basil and fresh
mozzarella

Tortellini Pasta Salad
with Spinach, Cherry Tomato and
Shaved Parmesan

Traditional Potato Salad

Cole Slaw

Grilled Vegetables

SOUPS

N.E. Clam Chowder
Mushroom Bisque
Chili (Beef)
Chicken Noodle
Minestrone
Ask for more varieties

DESSERTS

Cookies and Brownies
Assorted Mini Pastries
Apple Crisp
Whoopie Pie
Bars, Squares & Brownies

BEVERAGES

Soda & Water
Lemonade or Ice Tea

Coffee, Tea and
Decaffeinated Coffee

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BOX LUNCHES

SANDWICH BOX

Choice of: Chicken Salad with Cranberries, Turkey Club,
Roast Beef with Herb Cheese, Italian and Grilled Vegetable
with Hummus
(additional sandwich choices available)
Bag of Chips
Chocolate Chip Cookie

ENTREE SALAD BOXES

Caesar Salad with Blackened Chicken
Roll with Butter, Chocolate Chip Cookie

Garden Salad with Lemon Pepper Salmon
Roll with Butter, Chocolate Chip Cookie

Asian Salad Bowl with Teriyaki Flank Steak
Roll with Butter, Chocolate Chip Cookie

Tortellini Salad with Spinach, Roasted Pepper, Parmesan
Roll with Butter, Chocolate Chip Cookie

Vegetable Salad Bowl with Grilled Tofu
Available VEGAN & GLUTEN FREE
Roll with Butter, Chocolate Chip Cookie

Cobb Salad with Chicken, Avocado, Bacon, Cucumbers,
Tomatoes, Peppers and Egg
Roll with Butter, Chocolate Chip Cookie

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HORS D'OEUVRES STATIONARY

Seasons Display - \$6.50 per person

Featuring domestic and imported cheeses served with assorted crackers, crostini & French bread with fresh vegetable crudite

Hummus with Pita Chips

Antipasto

Prosciutto, Salami, Mortadella, Genoa, Marinated Olives, Artichoke Hearts, Mushrooms and Roasted Red Peppers. Accompanied by fresh baked Italian Bread, Grilled Focaccia and Breadsticks

Mini Pizza Display n

Assortment of our delicious Mini Focaccia pizzas to include cheese, chicken ranch, grilled vegetable and pepperoni – or create your own selection

Vegetarian Antipasto Display

Grilled Vegetables, Marinated Artichokes, Tomato, Basil & Fresh Mozzarella, roasted red and yellow peppers – Accompanied by garlic toasts, Italian Bread and focaccia crisps

Mediterranean

Roasted garlic hummus, tabbouleh, roasted red peppers, marinated artichokes, assorted olives accompanied by pita bread, grilled focaccia and pita chips

Charcuterie

Prosciutto, Mortadella, Genoa, Soppressata, Chorizo, Provolone, Cheddar, Fig Jam, Grapes, berries and Assorted Olives, Assorted crackers, parmesan focaccia, garlic crostini, breadsticks

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PASSED APPETIZERS

PRICE IS \$2.50 PER PIECE UNLESS OTHERWISE
NOTED PER PIECE UNLESS OTHERWISE NOTED

Chicken Quesadilla with Chipotle Cream
Chicken Satay with Peanut Sauce
Lemon Oregano Chicken (GF) with Tzatziki
Chicken & Waffles with Maple Syrup
Sesame Chicken Skewers
Crispy Chicken with Honey Mustard Sauce
Barbecue Chicken & Pineapple Skewers (GF)
Coconut Chicken Skewers with Spicy Pineapple Sauce
Chicken Tartlett with Mashed Potato Top

Beef Crostini with Roasted Onion Marmalade
Beef & Portobello Brochette with Horseradish Cream (GF)
Ham and Cheese Panini Bite
Steak & Cheese Spring Rolls with Chipotle Ranch
Roast Beef with Horseradish on Mini Cheddar Biscuit
Pigs in a Blanket with Honey Mustard
Potato Cups with Bacon, Cheese and Sour Cream (GF)
Beef Teriyaki Skewer
Prosciutto & Melon Skewers with Balsamic Glaze (GF)

Crab Cakes with Remoulade
Scallops wrapped in Maple Cured Bacon
Coconut Shrimp with Spicy Pineapple Sauce
Traditional Poached Shrimp with Spicy Cocktail Sauce
Teriyaki Ginger Salmon on Fried Wonton
Clam Chowder Shots with Oyster Cracker
Seared Sesame Tuna on Rice Cake with Wasabi Cream

Vegetarian Spring Rolls with Sweet (Vegan) and Spicy Asian Sauce
Stuffed Mushrooms (vegetarian)
Spanikopia
New Potato Cups with Butternut Squash & Maple (GF)
Mac and Cheese Bites
Vegetarian Quesadillas
Vegetarian California Rolls (Vegan) (GF) - with Ginger Soy
Caprice Skewer with Fresh Mozzarella & Grape Tomatoes - with Pesto Cream
Buffalo Cauliflower - with Blue Cheese Ranch
Figs in a Blanket with Goat Cheese
Avocado "Cream" in Tortilla Cup (Vegan)

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DINNER BUFFETS

BUFFETS MUST BE SERVED BY SEASONS UNION STAFF

Cornbread Stuffed Chicken
Chicken Marsala with Mushrooms
Roast Turkey with Stuffing
Grilled Chicken Breast Stuffed with Spinach & Feta

Marinated Steak Tips
Marinated Flank Steak with Avocado Corn Salsa
Prime Rib with Red Wine Sauce
Tenderloin with Peppercorn Sauce

Blackened Salmon with Corn Salsa
Ritz Topped Cod
Shrimp Scampi

Potato/Pasta/Rice (Choose one)
Roasted Oven Roasted Potatoes, Real Mashed Potatoes
Red Bliss Garlic Mashed Potatoes,
Baked Potato with Sour Cream
Scalloped Potatoes
Rice Pilaf, Penne with Marinara

Vegetable (Choose One)
Green Beans with Cherry Tomatoes,
Zucchini & Summer Squash with Garlic
Roasted Carrots (Plain or Sweet Curry)
Sauteed Corn with Red Peppers
Butternut Squash (Mashed or Roasted)

Salad (Choose One)
Garden Salad, Caesar Salad
Mixed Greens with Craisins & Goat Cheese

Dessert (Choose One)
Apple Crisp, Cinnamon Bread Pudding
Chocolate Bread Pudding or Mini Cookies, Bars & Mini Pastries

Enhanced Dessert
Boston Cream Pie, Cheesecake, Chocolate Torte
Carrot Cake and Strawberry Shortcake

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RENTALS

Our Rental Package includes Salad Plates, Dinner Plates,
Cutlery, Water Glass, Coffee Cup, White Napkins,
White Tablecloths - Approximately \$16 per person

Additional Options available.

Please call for a full estimate of all charges

STAFFING

Our Experienced Staff of Servers Per, Managers, Chefs
and Kitchen Assistants will provide friendly, professional
service.

The cost is based on final count,
event length and menu

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PLATED DINNERS

Prices do not include Staffing charges - based on event time

STARTER

CHOOSE ONE

Garden Salad

with a blend of fresh greens, cucumbers, tomatoes, sweet peppers and croutons. Served with your choice of dressing.

Caesar Salad

Fresh Romaine, homemade croutons and shaved parmesan

Tomato Basil Soup

with Parmesan crostini

New England Clam Chowder (add \$2 per person)

with Oyster Crackers

ENTRÉE

(CHOOSE 2 WITH COUNTS)

Cornbread Stuffed Chicken

Served with Mashed Potatoes, Mixed Vegetables and herb gravy

Lazio Chicken

Stuffed with Prosciutto, Roasted Red Pepper and Provolone, Served with Mashed Potatoes and Green Beans

Roast Beef

Served with Roasted Potatoes, Green Beans & Gravy

Beef Tenderloin with Red Wine Sauce

Served with Mashed Potatoes and Roasted Carrots

Roast Pork Loin Stuffed with Apple & Fig Stuffing

Served with Roast Potatoes & Green Beans

Ritz Topped Cod with fresh Lemon

Served with Rice Pilaf & Mixed Vegetables

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DESSERT

(CHOOSE ONE)

Chocolate Layer Cake
Carrot Cake
Lemon Cake
Assorted Mini Pastries
Apple Pie with fresh Whipped Cream

Served with Coffee, Tea or Decaffeinated Coffee

RENTALS

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Cutlery, Water Glass, Coffee Cup, White Napkins,
White Tablecloths (included in menu price).

Additional Charges may apply
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